

THE BEATH BULLETIN



ISSUE 4

MAY 2016



LOONY DOOKERS OF 2016

THIS ISSUE IS SPONSORED BY COWDENBEATH COOPERATIVE STORE

A Message from the Chairman of Cowdenbeath Community Council



I'm going to begin this message with saying CONGRATULATIONS to the newly formed Cowdenbeath Development Trust (CDT). There are a number of communities in Scotland that have formed Trusts and it's good to see that Cowdenbeath now have one.

The Community Council will support the Trust and I hope that other groups will offer their support as well. If we want Cowdenbeath to 'move FORWARD, we need more volunteers to come FORWARD and help make things happen.

The formation of the CDT is not the only change in Cowdenbeath this year. I was really pleased to hear that the Leisure Centre have re-launched the Community Cinema. This is a great venture which caters for young and old alike. I sincerely hope that lots of you get in touch with the Leisure Centre to support this venture and to join the cinema club.

Then there's the new Maxwell Community Centre. Work has begun on the new centre (situated on the site of the old social work in Stenhouse Street) - the hope is that it will be ready of opening Dec. 2016/Jan 2017.

And finally, the Community Council were successful in their application to the Scottish Government Town Centre Capital Communities Fund for £80,000. This money will be used to provide free wi-fi in the town centre, install winter lights at the 'green site' and nearby streets and sponsor various events throughout the year. We strongly believe that the Town Centre plays a core part of community life providing not only opportunity to gain access to retail facilities and services but somewhere where people meet and chat to one another.

We want to build on what already exists in Cowdenbeath and make the Town Centre a social hub where people want to go and one that can be safely used by all ages.

A. Haddow, Chairman

***Like and share our Cowdenbeath Community Council Facebook page
Check out our website: www.cowdenbeathcc.org.uk***

COWDENBEATH DEVELOPMENT TRUST

The Cowdenbeath Development Trust (CDT) Steering Group was launched on 15th December 2015. The main aim of the Development Trust is to work with people and organisations to develop and implement projects to bring about permanent change 'for the better' in Cowdenbeath.

There are many individuals and organisations doing great work in our Town and the Development Trust members want to encourage the community to give their support. For example:

- The High Street - plans are in place to give the greenspace site a facelift (including winter lighting) and to enable events to be held there
- The Community Cinema - the creation of a Cinema Club

The Development Trust will also :

- Support local organisations and showcase the work they do
- Encourage and support High Street Developments
- Campaign where and when required to ensure developments benefit the people and our town.

The Development Trust will not forget Cowdenbeath's heritage - there is a lot to be proud of. However, we do need to change things that need changing for future generations..

The Trust don't have all the answers - but we will work with anyone who has good ideas to better our town and to see Cowdenbeath flourish. If you want to join the Trust to make things happen or have a conversation about what you want to see happening in our community, then get in touch with the chairperson - Irene Burt. Email address is cowdenbeathdt@hotmail.com or call her on 07427024453

COWDENBEATH can be improved if there is a willingness within our Town to do so. So why not get in touch with the CDT and see what you can do to help.



JANE KIRK

**164 HIGH STREET,
COWDENBEATH, KY4 9NH
MOBILE NO: 07754357120**

**OPEN TUES - SAT 11AM - 5PM
CHAIRS FOR RENT
CONTACT FOR MORE DETAILS**

COWDENBEATH COMMUNITY CINEMA

Cowdenbeath Development Trust (CDT) are supporters of the Leisure Centre's efforts to re-launch the Community Cinema. The CDT want to form a Community Cinema Club where members will be placed on a circulation list to receive advance details of the film programme - either by post or by e-mail and will receive other offers from the Leisure Centre.

This is a great initiative so if you've not already joined the club and want to know what films are being screened - then get in touch with the Leisure Centre.

Films are shown monthly and they are for young and old alike.



BEAUTIFUL FIFE 2016

The Cowdenbeath Environmental Group, their volunteers and Fife Council staff work hard during the year to try to make Cowdenbeath a greener, cleaner, more attractive place to live, work and visit. Their hopes are to boost local pride and community involvement by brightening up the High Street (with tubs and planters) and other areas in Cowdenbeath. (For example, the Community Woodland, Millenium Garden, Dalbeath Marsh). Each year, Cowdenbeath is entered into the Beautiful Fife competition. For the last 2 years, the town has achieved the Silver Gilt Award - this year it would be good to achieve the Gold award. However, changing and enhancing our town takes a lot of hard work and effort and the environmental group are always looking for helping hands. If you are interested and able to help them (and your town) then get in touch. Contact email address: cowdenbeathcc@gmail.com



COWDENBEATH HORTICULTURAL SOCIETY

DATES FOR YOUR DIARY

11th May - The Linda Soutar Night
An evening with flowers

28th May - Soup and Pudding
Lunch at 11.00 in Trinity Church.
Bedding Plants also on sale.

10 & 11th Sep -
ANNUAL FLOWER
SHOW in Trinity Church.

Check out their Facebook Page
for all the up to date details

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EDINBURGH/GLASGOW CAN BE
ARRANGED**

**OUR FACEBOOK PAGE IS:
CUTTLEHILL FARM BEEF**

DID YOU KNOW?

BEATH BARGAIN STORE is more than your **LOCAL** High Street newsagent and convenience store. We also have a wide range of other products. For example: If you're having a **PARTY** or having a **CELEBRATION**, we have an extensive range of cards, party decorations, gifts for all ages and we even do helium balloons for those special occasions...

OR if you're planning **A SPOT OF DIY** - we have a whole host of products which can help you with your task (eg: paint, paintbrushes, duct tape, a selection of assorted nails/screws, plumbing pipes/tubes, all sorts of tools (pliers, hammers, screwdrivers to name a few)...

AND then there's our range of **HOUSEHOLD GOODS** for the **KITCHEN** and the **BATHROOM** - all sorts of kitchen utensils, towels, storage units and not forgetting our selection of soft furnishings
PLUS loads more so why not pay us a visit and check it out.



**YOUR LOCAL
DIY &
HARDWARE
STORE**

**175-179 HIGH STREET,
COWDENBEATH**

CIVIC WEEK UPDATE

COWDENBEATH GALA DAY PARADE

IS ON SATURDAY, 18TH JUNE

AND THE THEME FOR THE GALA IS:

The Civic Week Committee has been working hard organising the gala week activities and as you can see from the programme of events detailed on the next page - there is something for everyone. The programme 'tees off' on Saturday, 11th June with the golf competition at Cowdenbeath Golf Course culminating in the parade on Saturday, 18th June. The committee are hoping that you will all keep your fingers crossed for good weather on the day of the Gala and come along and show your support



TV

PROGRAMMES

2015 GALA GALLERY



Photos courtesy of Jillian McFarlane

CIVIC WEEK

These are the details at the time of going to print. For up to date details on the programme of events for this week - check out the Cowdenbeath Civic Week Facebook page.

SATURDAY 11TH JUNE

Golf Tournament
(Contact Cowdenbeath Golf Club for details)

80's/90's disco 7pm till late at the Golf Club. Entry £5

SUNDAY 12TH JUNE

Visit to Abbotsford Home with Royal Party..etc. Local entertainer also in attendance.

Evening service at Beath & North Church, 6.30pm

MONDAY 13TH JUNE

Visit to Meldrum Court with Royal Party..etc. Local entertainer also in attendance.

Schools 5-a-side Football competition at Leisure Centre

TUESDAY 14TH JUNE

Visit to Roselea Home with Royal Party..etc. Local entertainer also in attendance.

Childrens Water Disco at Leisure Centre. Free Entry. 6.30pm-8pm

WEDNESDAY 15TH JUNE

Visit to Valley House with Royal Party..etc. Local entertainer also in attendance.

Wheelbarrow Race/Public Park, Pub Teams, 6.30pm

THURSDAY 16TH JUNE

Pet Show at Broad Street Centre, 6pm-7.30pm. Free Entry.

Bowls Competition at Lumphinnans Bowling Club. Local rinks playing

PROGRAMME



**FRIDAY
17TH JUNE**

Visit to Alexander House with Royal Party..etc. Local entertainer also in attendance.



SATURDAY 18TH JUNE

PARADE DAY

THE PARADE LEAVES WOODEND AT 12 NOON HEADING DOWN BROAD STREET, ONTO THE HIGH STREET, BEFORE HEADING UP TO THE PLAYING FIELDS AT LEUCHATSBEATH.

AND THEN...

HAVE FUN IN THE PARK WITH THE SHOWS, STALLS, RIDES, DANCE, MUSIC, 5-A-SIDE FOOTBALL FINAL, PONY RIDES, TRAMPOLINES. WRESTLING.....AND MUCH MORE



YOUR LOCAL **CO-OP STORE**

**OPENING HOURS
6AM - 10PM MONDAY TO SUNDAY
DALBEATH CRESCENT, COWDENBEATH**

supporting Cowdenbeath Gala

REMEMBER WHEN

Local man - David Allan - is a keen historian. Last year when Cowdenbeath celebrated 125 years of being a Police Burgh, he produced 2 books (Stent Nae Stent) about the history of Cowdenbeath. And we've heard he's compiling a 3rd book. We thought you might be interested in a wee trip down memory lane and here's some extracts from his books.

LEMON FRESH

In 1919, just after the great war Cowdenbeath suffered from a water shortage. The reservoir was at a very low level with only about a million gallons left. The town was by then wholly being supplied with water from Dalbeath Pit. The water was good but very hard. The pumping plant at the pit though had broken down and all the small springs around the town had been besieged by people seeking water. The higher part of the Town was cut off from any water supply and in the evening business people could be seen carrying home water in all types of vessels to make sure they got their breakfast. It was reported that some of the business people living on the heights at Foulford Road had resorted to washing in lemonade.

OLD FOSSILS

In the 1970's, at the Dora opencast site, Stan Wood, discovered the fossil of what was named 'the Cowdenbeath Amphibian'. It was a 2.5 metre long amphibian crocodile. It received the scientific name *Crassigrinus Scoticus Watson*

WHO ATE ALL THE PIES

In many areas of Scotland including Fife, the traditional New Year's Day treat was steak pie. Indeed it remains a festive favourite in many Cowdenbeath homes to this day. Among the most popular sources of local steak pie for many years was the Cowdenbeath Co-op. In 1928, the 'Store' built a new bakehouse and in 1931 Cowdenbeath Co-op had their busiest ever New Year for steak pie sales. The bakehouse produced 3 tons of steak pie for Ne'erday consumption in that record year.



DO YOU NEED TRANSPORT TO GET OUT AND ABOUT?

- Medical appointments
- Do some shopping
- Visit friends
- Attend to personal business

Would you like a home visit from one of our volunteers?

Would you like to become one of our valued volunteers?

Royal Voluntary Service may be able to help.

For more information please contact our Fife Office on 01592 269654 or email fifegnhs@royalvoluntaryservice.org.uk

LOVE2DANCE

(run by Stephanie Hamilton)

Love2dance are a local dance group based in Cowdenbeath. Their classes offer the dance styles of Hip Hop, Cheerleading, Jazz, Musical Theatre and Ballet. Pupils ages range from 2yrs to adult. Pupils from Love2dance have been competing (since 2014) in Street Dance/Hip Hop Competitions. After being successful at United Dance Organisation Scottish Street Dance Championships this year, they have qualified for their 3rd Annual UDO World Championships in Glasgow. Two competitive crews will compete in solo, duo, quad and team categories.

The Championship is the biggest street dance competition in the world with thousands of dancers from across the globe coming together to compete



against the very best. Love2dance take pride in their dedicated, hard working competitive dancers (ages from 9-18yrs) and love to have their young talented passionate individuals showcase their talents. Their aims after the Worlds are (in March 2017) to go on to compete at British Championships in Burnham-on-sea. They are hard at work fundraising to achieve their aims and any support from the local community to assist them will be greatly appreciated

46th Fife Scout Group

The history of our local scout group

In May/June 1909 meetings of Scoutmasters and others interested in the Boy Scout Movement was held. By July, patrols of Boy Scouts were having monthly meetings. A few years later, 2 Troops were recorded - the 11th Fife (1st Cowdenbeath) and the 12th Fife (2nd Cowdenbeath). In 1922, the Cairns Scouts Troop was formed - their Registration Form showed that their troop had 34 scouts and 2 officers. The Troop was later allocated the number "46th Fife". During 1929 - 1936, the 46th Fife formed a pipe band, obtained a headquarters for their Rover crew in Wilson Street and became affiliated to the YMCA. By the end of 1940, the war was having an effect on the running of Scout Groups. Most of the leaders of the 46th Fife (Cowdenbeath YMCA) Troop were called up and the Troop had to go into abeyance. The Rover Crew were also badly affected but still able to continue. The Troop started up again in 1941. After the war, more 46th Fife Rover patrols were formed. In 1947, a Senior Scout Patrol Leader for 46th Fife (Cowdenbeath YMCA) - Bert Graham received his Kings' Scout certificate. He was the first Senior Scout in Scotland to receive this award.

In the early 50's, the 46th Fife pack had reached the limit figure of EIGHTY (80) and in 1954, it was announced that another Scout Group which had been started in Cairns Church would be allocated the number 28th Fife. At the end of 1959, the 46th Fife moved to their new premises in Stenhouse Street. The premises were a former billiard saloon and garage which had been bought for the favourable prices of £250. The work involved in rewiring and converting the premises had to be carried out by the group members with the assistance of other scouters. By the end of 1964, the new Benarty District came into being and there were 5 groups - 28th Fife and 46th Fife (both from Cowdenbeath) and 56th Fife, 73rd Fife and 77th Fife. A few years later, 28th Fife moved to their new headquarters in Wemyss St which was the culmination of years of hard work and effort by the Parents Committee. Sadly in early 2000, the 28th Fife had to disband owing to lack of leaders and the 46th Fife took over their Scout Hall - returning to where it all began. The 46th Fife have struggled since then and were even suspended from the District in 2013 owing to lack of leaders. However since the group was restarted in 2014, it has flourished and today is now acknowledged as one of the best in Fife. It's said they run an outstanding program for young people.

Check out their website and facebook page for upto date information

WWW.46THFIFESCOUTGROUP.ORG



The Cowdenbeath Foodbank would like to thank everyone for their support and donations since opening their doors in 2015. Over 400 adults and 170 children have been fed by the Foodbank which amounts to over 6000 tons of food having been given out. The

busiest month to date was December 2015 when over 90 people were helped. The foodbank organisers are very grateful to their good team of volunteers who all work well together but they are always happy to welcome more volunteers. If you are interested in volunteering to work in the Cowdenbeath Foodbank - then get in touch with them on cowdenbeathfoodbank@gmail.com

And remember, they are always happy to receive small donations throughout the year. The food must be dry non-perishable items with a reasonably long use by date. The kind of items that are always needed are - Milk (UHT or powdered), Sugar (500g), Fruit Juice (carton), Cordials, Brown or Tomato Sauce, Vegetables & Potatoes (all tinned), Instant Mash Potato, Pasta/Noodles, Tinned Meat/Fish, Tinned Fruit, Jam, as well as toilet rolls and toiletries. They will also take carrier bags.

SUPPORT YOUR LOCAL LIBRARY

Cowdenbeath Library is not just a place to 'borrow a book'. Our Library is a bright and spacious place to go which offers a wide range of activities from reading groups to Bookbug sessions for babies and toddlers. There are also Job Club meetings and ABE classes on a regular basis.



There's :

- > Free WiFi
- > Free PC and internet access (please book in advance)
- > Basic IT skills taster sessions
- > Reading groups
- > Children's bookbug, storytelling and craft sessions.
- > Local History resources
- > Photocopying, faxing, laminating and scanning

AS WELL AS

- > Huge range of books including on CD and in large print
- > High quality reference books and online information

OPENING HOURS	
Mon	0930-12.30, 13.30 - 1900
Tue	0930-12.30, 13.30 - 1700
Wed	0930-12.30, 13.30 - 1700
Thu	0930-12.30, 13.30 - 1700
Fri	09.30-12.30, 13.30 - 1900
Sat	09.30-12.30

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WOULD YOU LIKE TO CONTRIBUTE AN ARTICLE TO THIS NEWSLETTER

If you have any news (an article and/or a photograph) you would like to contribute - please do so.

Articles can be handwritten or typed and sent to the Editor at 1 Elgin Road, Cowdenbeath or you can choose to email the Editorial Team at: cowdenbeathcc@gmail.com

Articles must include your name and address (and organisation or group if applicable) but you may request your name and address not to be printed with the article.

Guidelines for articles:

1. Maximum of 300 words (unless there is a photograph to be used in which case the maximum words would be 200 words). If emailed, the document should be sent as Rich Text Format (RTF)

2. Photographs should be sent as a jpeg.

The community council reserve the right to edit all material submitted and the editor's decision is final on what will be included in the newsletter

CLOCK: STREET PASTORS

The Street Pastor team has completed over 40 patrols since they began and are now being recognised by locals as a team who are there to care, to listen and to help. This year they are hoping to recruit 12 more volunteers to join their team. If you are interested, they'd be happy to hear from you. Anyone interested in becoming a trained pastor should contact:

**Wilma Aitchison on
07802414418 or email
[cowdenbeathandlochgelly@
streetpastors.org.uk](mailto:cowdenbeathandlochgelly@streetpastors.org.uk)**



Morrisons (Cowdenbeath) Car Park
10AM - 2PM

The last **SUNDAY** in every month
(March - December)

£5.00/Car

Book in advance/Turn up on the day
Contact L Calder -01383 513446 for
more info.

ALL WELCOME

A WEE BIT O' FUN

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6			1		7		2	
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				6				
		2		7		5		8
3							7	
				8	2			
9	1						3	



YOUR LOCAL COWDENBEATH CO-OP STORE

The cooperative are investing half their pricing budget to lower prices across our protein range making our products affordable but not compromising on quality.

COME AND VISIT US INSTORE AND HAVE A LOOK.

**OPENING HOURS
6AM -10PM MONDAY TO SUNDAY
DALBEATH CRESCENT, COWDENBEATH**