

THE
**BEATH
BULLETIN**



ISSUE 5

NOV 2016

Seasons
Greetings

and a Happy New Year



A Message from the Chairman of Cowdenbeath Community Council



Can I begin this message by thanking the Mossmorran Wind Farm Ltd Community Fund Advisory Panel for awarding us a grant to help us with producing this newsletter. We are also thankful to those businesses who advertise with us - it all helps towards the costs of continued publications.

It feels at long last, 'things are happening' to improve the look and feel of our town. In our last bulletin, I mentioned that the Community Council had been successful in our application for funding to install free wifi in the town centre and install winter lights at the 'green site' and nearby streets - well some of the winter lighting (in the trees at the Leisure Centre) has been switched on and we are hoping that the wifi will be up and running soon.

There's also the shutter art project where work has started. There are over 15 businesses who have signed up to get their shutters painted. Three shops (Cancer Research, Silk & Fresh Flower Pot and Lorna Clark) have already had their shutters done and they look really good. Can't wait to see what's in store for the rest.

And finally, the voting for 'How to improve OOR BIT' should be underway sometime in November. There will be an event held on 27th November at the Leisure Centre where you can vote 'manually'. You can vote 'online' at www.oorbit.d21.me

A. Haddow, Chairman

***Like and share our Cowdenbeath Community Council Facebook page
Check out our website: www.cowdenbeathcc.org.uk***

COMMUNITY POLICING

Cowdenbeath Community Police are continuing to support and participate in projects and initiatives in the local area. In Sept, they completed work with local young people during an 8 week boxing initiative with Lochgelly High School. The underpass at Stenhouse St, was repainted along with pupils from Beath High School and the F24 project with BRAG Enterprises where an electric car was successfully built from scratch and raced. The Community Officers are also supporting CACA youth club on a Friday night at Beath High School.

It is not just young people, the community officers are engaging with - they have recently set up Feel Good Fridays at LHS where over 50's are invited along for gym, swim and fitness activities and an opportunity to chat face to face with the community police officers.

The team are also currently involved with Fife Council, a local artist and pupils from BHS in a project to have the shop shutters on the High St re-painted. And they have a number of other ideas in the pipeline.

Community Inspector Ian Stephen says " My team and I will continue to prevent and detect crime as the public would rightly

expect us to and as one our our primary purposes.

However I am determined we also continue to play an important role in the development and delivery of community or police led projects.

I want the people of Cowdenbeath to feel confident in reporting not only matters of anti-social behaviour and criminality to their local police but to know that the community police will actively support and participate in projects that are geared toward improving the safety and well being of our community."

Cowdenbeath Community Police can be contacted at Brunton House on High Sreet or by calling 101.





JANE KIRK

**164 HIGH STREET,
COWDENBEATH, KY4 9NH
MOBILE NO: 07754357120**

**OPEN TUES - SAT 11AM - 5PM
CHAIRS FOR RENT
CONTACT FOR MORE DETAILS**

SENIOR CITIZENS PANTO TICKETS

As part of the 'Community Outreach' programmes at ExxonMobil, they provide pantomime tickets to local senior citizens free of charge. The tickets are given to the Community Councils for distribution in their own communities. The panto is performed by Cowdenbeath Theatre Group at Lochgelly Centre. ExxonMobil also provide single deck coaches for those attending. Pick up/drop off points for Cowdenbeath senior citizens are Stenhouse St (bus stop at Salvation Army) and the Fountain /Natal Place (bus stop opposite taxi rank). Buses usually leave at 18.30. Spaces are available at Lochgelly Centre for those residents who use wheelchairs but these are limited and would need to be agreed in advance. This year's panto is Sleeping Beauty and for Cowdenbeath Senior Citizens, tickets will be for the performance on 8th December at 19.30. Doors open 18.45. Tickets are limited and will be distributed on a first come, first served basis. Cowdenbeath Community Council propose to distribute the tickets on Friday, 2nd December between 10.00 - 12.00 at Cowdenbeath Leisure Centre. Confirmation of the date will appear in Central Fife Times and on our Facebook page nearer the time



BEAUTIFUL FIFE 2016

Our town won the SILVER award in the 2016 Beautiful Fife Awards. WELL DONE and THANK YOU to the Environment Group, their volunteers, the Community Police team, Beath High School pupils, the staff at the Recycling Centre and Stephen and Colin

and all their team at Fife Council Parks, Streets and Open Spaces. They have worked hard - in all weathers - to try and make our town a better place to live in and visit and they can always do with help. If you're interested, please get in touch with us and we'll pass your details on . Contact email address: cowdenbeathcc@gmail.com. Would be nice to win GOLD next year but it will need more helpers.



THREEPOOR BOYZ
DETAILING

stevie mattie ronan
the clean team
07909705653
07850688565
07495304074

CUTTLEHILL FARM BEEF

CUTTLEHILL FARM
CROSSGATES, KY4 8HD
(NELSON FAMILY FARM)

**WHOLESOME HEARTY FOOD
LOCAL FARM FRESH**

**TO PLACE AN ORDER
PHONE 07889757423**

**DELIVERY FREE IN LOCAL AREA
EDINBURGH/GLASGOW CAN BE
ARRANGED**

**OUR FACEBOOK PAGE IS:
CUTTLEHILL FARM BEEF**

BEATH BARGAIN STORE



BEATH BARGAIN STORE has a **WIDE RANGE** of products for sale.

We sell **SMALL ELECTRICAL GOODS** (eg: kettles, toasters, hair driers); all kinds of **KITCHENWARE** (eg: pots, pedal bins, casserole dishes); an extensive range of **HOUSEHOLD GOODS** (eg: Duvets, towels, ironing boards)

Our shelves are also packed with a vast selection of **DIY** products. (eg: hacksaws hammers, pliers, screws/nails, duck tape.....and we even have tins of paint) And not forgetting our **PARTY SUPPLIES AND GIFTS** for all occasions. (eg: cards, banners, balloons)

There's **SO MUCH** to browse through, why not **POP IN** - we'd be **HAPPY** to see you

The store is in **LOCATED** at 175-179 High Street. There's a bus stop outside and on street parking round the corner in Union Street.



OOR BIT

Earlier this year, a community budgeting initiative was launched in which residents within the NINE local communities that make up the Cowdenbeath area were

given the chance to present their ideas on improving the local environment. Residents were asked "How would you spend a share of £250K to improve places and spaces in the Cowdenbeath Area". The initiative was called "OOR BIT - Places and Spaces". Over 100 ideas were suggested by locals and after sifting through them, a steering group (made up of local folks and Fife Council representatives) have agreed a short list for residents to vote on. Details of the short-listed ideas and how to vote will be publicised via various events being held in the communities during November as well as on the internet and in the Central Fife Times. Check out the website: www.oorbit.d21.me for more information.

The proposed projects for our town of Cowdenbeath are:-

1. Improvements to Public Park - signage and heritage displays

Create something which reflects the history of Cowdenbeath around the old bandstand area. For example: a replica of the old fountain together with noticeboards reflecting stories of Cowdenbeath

2. Gateways - install things to remind people of mining heritage

Why not Install some kind of mining artefacts at the Gateways to Cowdenbeath? Reminder of our heritage.

3. The Line - clear up and install displays.

The line was where the pugs ran to take coal from the mines. It would be good if the area was tidied up along its length. And if displays and notice boards were installed to tell stories of and celebrate the rich history of Cowdenbeath

4. Improve area at Train Station

The railway platforms in the train station are well maintained and tidy but the access routes are overgrown and unsightly. They give a poor impression of the town. Lets get them improved for the benefit of residents and visitors alike.

REMEMBER TO CHECK OUT THE WEBSITE: WWW.OORBIT.D21.ME



WELL DONE

to all those who were involved with the Beath Malawi Project. Sounds like they've had a very exciting educational journey.

CIVIC WEEK

These are the details at the time of going to print. For up to date details on the programme of events - check out the Cowdenbeath Civic Week Facebook page.

The Civic Week Committee took a well earned rest after the Gala Parade BUT they're now back working on organising the Christmas programme of events for our Town.

Their aim is to provide something for everyone to enjoy. A lot of their time and effort over the last 2-3months has been spent contacting:

- * the various authorities (with a view to ensuring that the appropriate paperwork is in order for insurance, health & safety etc)
- * the craft stallholders
- * the venues
- * the entertainers

and collecting items for the raffles, tombola to name but a few of the tasks.

The programme of events kicks off on 19th November with the ever popular Scottish Night, then there's a "wee rest" before the Childrens Christmas Party and the switch on of the Christmas Lights. An additional event has been added this year which is the Christmas Fair and Santa's Grotto. Finishing off the year is the Christmas Choir Event.

WE HOPE YOU ENJOY

**SATURDAY
19th NOVEMBER**



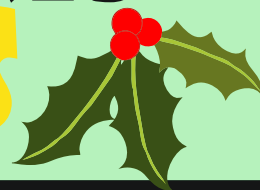
**SCOT FISH
NIGHT**

**TIME: 1900
VENUE: BROAD ST
BOWLING CLUB
TICKET COST: £5.00**

*For a night of great Scottish Music,
Highland Dancers, Traditional
Scottish Fayre, cheeky wee
refreshments and maybe if you're
lucky some local residents 'doing
a turn'.*

Tickets on sale now.

CHRISTMAS EVENTS



SATURDAY
3rd DECEMBER



**SANTA COMES
TO TOWN &
CHRISTMAS
LIGHTS
SWITCH ON**

Santa will come off the train at about 1pm. He will take a wee trip up and down the High St, before heading to Leisure Centre at 1.30pm for the Kids Party at 2.00pm. Entry to party will be by ticket only. The party will finish about 4.00pm and the aim is to form a 'torchlight' parade to go to 'green site' for the switch on of the Christmas Lights.

SUNDAY
4th DECEMBER

CHRISTMAS FAIR

We've got lots of stalls coming along on the Sunday to the Leisure Centre AND we'll have Santa's grotto. So, if you missed out on the party - there's still a chance to see Santa



DATE TO BE CONFIRMED



The Community Choir will be performing again this year at Beath and Cowdenbeath North Church. The choir has been rehearsing since September and they are hoping for a repeat of last years fantastic performance. Why not get a ticket and go along, show your support and have a guid night out.

REMEMBER WHEN.....

DORA GOLF CLUB

In 1987, it was reported that the basis of a 9 hole golf course was to be created on the site of the former Dora opencast site. It was advised at that time, that the work to create greens and construct a clubhouse would be completed in approx 2 years. The course was ready to play in 1991.



Mr G Ogilvie - having a few practice shots

LEN & ELTON

Peter Adamson (Coronation Street's Len Fairclough, was a celebrity Cowden fan. In 1981, he admitted he had been attracted to Cowdenbeath by seeing their name on the football results. He had dreamt of Cowdenbeath as being a place 'somewhere over the rainbow'. When he did visit Cowdenbeath his main recollection though was of a 'gigantic booze up'.

Elton John revealed his interest in Cowdenbeath in 1976 and that they were his favourite Scottish Club. A local sports shop then sent him a Cowdenbeath strip. Elton wrote back thanking them and wishing the club and the directors all the best.

THE LUCK OF THE DRAW

In 1945, under the headline "Leave for Lucky Two", it was confirmed that West Fife's only lucky two soldiers in the draw for the D-Day leave were Driver James Toddie, Hall Street and Lance Corp David Gordon, Foulford Street, Cowdenbeath.

Neither knew of the other's good fortune until they arrived home. On comparing notes it was found, though one was in Holland and one in Belgium - in each respective draw their's had been the first name to come out of the hat.

Information, courtesy of local man - David Allan - from his books (Stent Nae Stent) about the history of Cowdenbeath.



COWDENBEATHS CITIZEN OF THE YEAR 2016

This years Citizen of the Year is Jackie Easton. Jackie was recognised for all her hard work and fundraising for a special charity which is close to her heart. The **CURLY STAR DREAM FOUNDATION.**

The Foundation is a charity which helps support families, friends and anyone

affected by bereavement, particularly suicide in young people, by offering counselling and bereavement support . Curly Star is based in Cowdenbeath and supports people in Fife and surrounding areas. Their service is free, confidential and trustworthy. For more information on the Charity, check out www.curlystar.org



The Scottish Parliament
Pàrlamaid na h-Alba

Annabelle Ewing
MSP for Cowdenbeath Constituency

In May I had the honour of being elected as the new MSP for Cowdenbeath Constituency. I am determined to ensure that I am accessible for constituents in every area of the constituency. I will be holding regular surgeries at 11 venues across the constituency to which you are welcome to attend - no appointment necessary.

As your local MSP, it would be my pleasure to assist you with any concerns that you think need attention. If I can be of any help please don't hesitate to contact me on the details below.

Annabelle Ewing MSP Constituency Office
113 High Street
Cowdenbeath
Fife
KY4 9QA
Telephone: 01383 611067
Email: Annabelle.Ewing.msp@parliament.scot



46th Fife Scout Group

The 46th Fife has a small number of places available for children. They especially welcome female recruits. They are also looking for adults to assist running the meetings. If you are interested, they would be pleased to hear from you. Contact details are: Graham Gilbert - 07590 118900

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Beavers	6 - 8	Monday	17.45	18.45
Cubs	8 - 10.5	Monday	19.00	20.00
Scouts	10.5 - 14.5	Wednesday	19.30	21.00



PRECIOUS EVENTS

Precious Events is a small family based company located in Cowdenbeath who specialise in creating a venue with that WOW factor. We will decorate halls for special occasions such as weddings, anniversaries, birthday parties, baby showers and much more.....and all at competitive prices.

Check out our facebook page for details.

Or contact us on

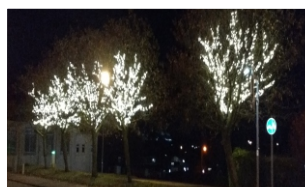
07747014896

- we'd be pleased to hear from you



WINTER LIGHTING

Earlier on this year, the Community Council with the help and guidance of Fife Council applied for funding from the Scottish Government to instal winter lighting on the High Street and some surrounding streets. Well, we are pleased to say that some of the lighting has been switched on at Stenhouse Street/Hall Street. Approx 11 trees have lights in them. Here's some photos but hopefully, you'll have popped down and seen them for yourselves. We hope you like them.



**TEA ROOM
&
CAKE SHOP**



**170 HIGH STREET
COWDENBEATH
OPENING HOURS
TUE - SAT 10.00 - 1530**

STREET PASTORS

The Street Pastors were launched in October 2014 and are still going strong. They have been caring for, listening to and helping people in the streets of our towns.

And now you will also find them patrolling the trains and stations along the Fife Circular Route, continuing to help and care for anyone who needs a listening ear or is lost or distressed

For more information, contact:
Wilma Aitchison on
07802414418 or email
**cowdenbeathandlochgelly@
streetpastors.org.uk**

MESSAGE FROM ROGER MULLIN



When most people think about Members of Parliament, they often have images in their head of the House of Commons with MPs speaking and voting on matters of national importance. And sure enough, that is part of my role in representing local constituents.

But for me, one of the most critical roles I have is in dealing with specific constituent's cases. Amongst the most regular types of cases brought to me are issues dealing with immigration and visas, social security, pensions, tax credits, local business problems and so forth. Probably the most complicated cases involve

immigration issues. In recent times too, we have also been attending to widespread concerns regarding the status of EU nationals living and working in our community, but fearful for their future in the wake of the EU referendum vote. Such is the demand for my support, I have focused on recruiting staff within the constituency to support constituents when I am absent in London. I have three full time staff, one part time member of staff and two unpaid volunteers all working in the constituency with only one part time member of staff in Westminster. If constituents need to raise issues with me, it is best to use either my email address -roger.mullin.mp@parliament.uk or telephone my constituency office (09.00 - 17.00hrs Mon - Fri on 01592 747359). I am active on social media, but please don't use social media for discussion of individual cases. You can follow me on Twitter@RogMull or on Facebook@RogerMullinMP. My website address is www.rogermullinmp.com

REMEMBRANCE DAY SERVICES IN COWDENBEATH



**THIS YEARS
REMEMBRANCE DAY
PARADE WILL BE ON
SUNDAY,
13TH NOVEMBER**

**1.30PM AT WW1
MEMORIAL
AND 2.30PM AT
Ww2 MEMORIAL**



WOULD YOU LIKE TO CONTRIBUTE AN ARTICLE TO THIS NEWSLETTER

If you have any news (an article and/or a photograph) you would like to contribute - please do so.

Articles can be handwritten or typed and sent to the Editor at 1 Elgin Road, Cowdenbeath or you can choose to email the Editorial Team at: cowdenbeathcc@gmail.com

Articles must include your name and address (and organisation or group if applicable) but you may request your name and address not to be printed with the article.

Guidelines for articles:

1. Maximum of 300 words (unless there is a photograph to be used in which case the maximum words would be 200 words). If emailed, the document should be sent as Rich Text Format (RTF)

2. Photographs should be sent as a jpeg.

The community council reserve the right to edit all material submitted and the editor's decision is final on what will be included in the newsletter

SUPPORT YOUR LOCAL LIBRARY

Cowdenbeath Library is not just a place to 'borrow a book'. Our Library is a bright and spacious place to go which offers a wide range of activities from reading groups to Bookbug sessions for babies and toddlers. There are also Job Club meetings and ABE classes on a regular basis.



There's :

- > Free WiFi
- > Free PC and internet access (please book in advance)
- > Basic IT skills taster sessions
- > Reading groups
- > Children's bookbug, storytelling and craft sessions.
- > Local History resources
- > Photocopying, faxing, laminating and scanning

AS WELL AS

- > Huge range of books including on CD and in large print
- > High quality reference books and online information

OPENING HOURS
Mon 09.30-12.30, 13.30 - 19.00
Tue 09.30-12.30, 13.30 - 17.00
Wed 09.30-12.30, 13.30 - 17.00
Thu 09.30-12.30, 13.30 - 17.00
Fri 09.30-12.30, 13.30 - 19.00
Sat 09.30-12.30

A WEE BIT O' FUN

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				8		1		
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					5		4	
	7				2		5	



NOW ON
- Every SUNDAY

Book in advance/
Turn up on the day

Contact L Calder
01383 513446
for more info

Morrisons (Cowdenbeath) Car Park **10AM - 2PM**
£5.00/Car

ALL WELCOME