

THE BEATH BULLETIN



ISSUE 6

JUNE 2017



THIS ISSUE IS SPONSORED BY COWDENBEATH COOPERATIVE

A Message from the Chairman of Cowdenbeath Community Council



Well, things are beginning to take shape in our Town. Late last year, the shutter art initiative kicked off and it's still going strong. Quite a few of our local businesses have agreed to get their shutters painted and boy does it make a difference when you walk down the High Street.

Well done to all those involved in this initiative (Kerry Wilson - the artist, our local police, Fife Council and pupils from Beath High School). It is fantastic.

But what it needs now is for the folks of Cowdenbeath to support these local shops. We don't want it to be a case of "if you don't use them, you lose them". So **SHOP LOCAL**.

The free public access WiFi was also launched at the beginning of December. Have you used it yet? We'd like to know what you think. This year, we're hoping that work will begin to develop the 'green site'.

Did you see the proposals?. It really looks good. If you haven't seen the proposals yet, why not pop into the new Community Hub office and "have your say". The community council has also applied for funding for a heritage garden at Brunton Square.



Some of Cowdenbeaths' previous community councillors

Again, we'd like your thoughts on the matter. You can contact us through Facebook or our website.

**A. Haddow,
Chairman**

*Like and share our Cowdenbeath Community Council Facebook page
Check out our website: www.cowdenbeathcc.org.uk*

WHAT'S YOUR BEATH

Hearing from the community is the key to assisting with the development of the Cowdenbeath Town Centre regeneration programme. As a result, a Community Hub office has been opened at 239 High Street and it will be called "What's your Beath". The focus of the hub will be a drop in centre and a place for people to find out:

- ★ What's happening in Cowdenbeath. Events and Activities - where they're at and how you can get involved,
- ★ The latest information on the delivery of the Town Centre Masterplan. You can have your say about the design and use of space and the provision of services that will bring a better quality of life to everyone in Cowdenbeath and the surrounding areas.

There's also a computer club on a Monday morning - why not try it out. And a breakfast club has been introduced so local business owners can meet, discuss and share ideas about the High Street.

DEVELOPMENT OF THE 'GREEN SITE'



Current view of green site



Proposals to develop the site

Funding has been secured to develop the 'green site' on the High St (opposite Partners Bar). Currently work is underway to remove the Japanese Knotweed which is in existence on the site. It's taking a wee bit longer to clear the knotweed than anticipated though.

If you haven't already seen the proposals, then why not drop into the "What's your Beath" office and check them out in detail. Have a chat to Kayle and Tricia and give them your thoughts.

TOGETHER WE CAN BUILD A STRONGER COMMUNITY



JANE KIRK

**164 HIGH STREET,
COWDENBEATH, KY4 9NH
MOBILE NO: 07754357120**

**OPEN TUES - SAT 11AM - 5PM
CHAIRS FOR RENT
CONTACT FOR MORE DETAILS**

COWDENBEATH LEISURE CENTRE celebrating 30years.

In June 1987, Cowdenbeath Leisure Centre was officially opened by ex Provost James Johnston. Prior to the official opening, guided tours were given to members of the public to let them see what was on offer. The Centre took approx 2 years to build and cost approx £1.3m. There was a programme of events for the opening which included synchronised swimming demonstrations. The week after the Centre was opened, the management agreed to participate in the Towns' Gala events by holding an 'It's a Knockout' event during the Civic Week. And management and staff have continued to be supporters of Civic Week ever since.

And it just seemed appropriate this year, when in March it was announced that Fife Council has approved an investment of approx £1.6m in the redevelopment of the Centre. A consultation will begin with the community on what the redevelopment of the Centre will look like. So look out for the consultation details and have your say.

BEAUTIFUL FIFE 2017

Cowdenbeath Environmental Group along with their volunteers and Fife Council staff have started their work to try and help Cowdenbeath achieve the coveted GOLD award in this years Beautiful Fife Campaign. Their aim is simple, to try to make Cowdenbeath a greener, cleaner, more attractive place to live, work and visit. The group themselves will be focussing on the planters and tubs in the High Street as well as the Community Woodland, Millenium Garden and Dalbeath Marsh. And they would like to extend an open invitation to any like minded folks who would want to help out. Contact us on cowdenbeathcc@gmail.com and we will put you in touch with them. If you want Cowdenbeath to achieve the GOLD accolade, then more helpers are needed



THREEPOOL BOYZ
DETAILING

stevie mattie ronan
the clean team
07909705653
07850688565
07495304074

A stylized advertisement for 'Threepool Boyz Detailing'. The background is a vibrant red and black geometric pattern. At the bottom, there is a detailed illustration of a classic blue and black car. The text is arranged in a clean, modern font, with the company name and 'DETAILING' in large, bold letters. Contact information is listed below.

CUTTLEHILL FARM BEEF

CUTTLEHILL FARM
CROSSGATES, KY4 8HD
(NELSON FAMILY FARM)

**WHOLESOME HEARTY FOOD
LOCAL FARM FRESH**

**TO PLACE AN ORDER
PHONE 07889757423**

**DELIVERY FREE IN LOCAL AREA
EDINBURGH/GLASGOW CAN BE
ARRANGED**

**OUR FACEBOOK PAGE IS:
CUTTLEHILL FARM BEEF**

BEATH BARGAIN STORE



BEATH BARGAIN STORE has been a 'resident' of the High Street for a number of years. A few years ago, the owners expanded the shop and now it contains aisles packed with a wide range of products. **You have to see what's on offer to believe it..**

If you're planning some **MINOR REPAIRS** or **REDECORATION** - you'll find a range of paints, paintbrushes, rollers, pliers, hammers, wirebrushes, nails & screws of all sizes, nuts & bolts, washers, cables, adhesives, duct tape. You name it, we've probably got it.

AND what about our vast selection of **HOUSEHOLD GOODS** - we have pots & pans, kettles, toasters, ironing boards, airers, brushes, mops, dishes..not to mention smaller items like mugs, glasses, kitchen thermometers, tea towels, a wide range of kitchen utensils and lots, lots more.

OR what about if you're celebrating the birth of a **NEW BABY** - we have an assortment of gifts and outfits for newborns. Or if you want to knit some outfits, we have a very good range of **WOOLS**.

Even if you fancy a weekend away, we have a selection of small cases and holdalls.



CIVIC WEEK UPDATE

COWDENBEATH GALA DAY PARADE IS ON SATURDAY, 17TH JUNE AND THE THEME FOR THE GALA IS:

The Civic Week Committee has been working hard organising the gala week activities and as you can see from the programme of events - there is something for everyone. The time taken to organise gala events is increasing each year and the Committee are always on the look out for more volunteers. It could be, you can help by being a steward on the day or even help put up the gazebos and tents on the morning of the gala. If you can help in any way - **PLEASE GET IN TOUCH**



2016 GALA GALLERY



CIVIC WEEK

These are the details at the time of going to print. For up to date details on the programme of events for this week - check out the Cowdenbeath Civic Week Facebook page.

SATURDAY 10TH JUNE

Golf Tournament
(Contact Cowdenbeath Golf Club for details)

Visit to Sunnyside Court with Royal Party...etc. Local entertainer also in attendance

SUNDAY 11TH JUNE

Visit to Abbotsford & Roselea Homes with Royal Party..etc. Local entertainer also in attendance.
Evening service at Cowdenbeath North Church, 6.30pm

MONDAY 12TH JUNE

Visit to Meldrum Court with Royal Party..etc. Local entertainer also in attendance.
Schools 5-a-side Football competition at Leisure Centre

TUESDAY 13TH JUNE

Childrens Water Disco at Leisure Centre. 6.30 - 8.00pm
FREE ENTRY.

WEDNESDAY 14TH JUNE

Visit to Valley House with Royal Party..etc. Local entertainer also in attendance.
Wheelbarrow Race/Public Park, Pub Teams, 6.30pm

THURSDAY 15TH JUNE

Pet Show at Broad Street Centre, 6pm-7.30pm. **FREE ENTRY.**

BOWLS COMPETITION
at Broad Street Bowling Club.
Local rinks playing

FRIDAY 16TH JUNE

This is the day, the Civic Week Committee and their volunteers 'run about like mad yins and lose sleep' just to make sure everything is okay for tomorrows Parade

PROGRAMME



SATURDAY 17TH JUNE

PARADE DAY

THE PARADE LEAVES WOODEND AT 12 NOON HEADING DOWN BROAD STREET, ONTO THE HIGH STREET, BEFORE HEADING UP TO THE PLAYING FIELDS AT LEUCHATSBEATH.

AND THEN...

HAVE FUN IN THE PARK WITH THE SHOWS, STALLS, RIDES, DANCE, MUSIC, 5-A-SIDE FOOTBALL FINAL, PONY RIDES, TRAMPOLINES. WRESTLING..... AND MUCH MUCH MORE

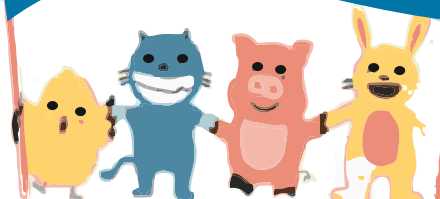
**CO-OP
COWDENBEATH**

5%
FOR YOU

+

1%
FOR THE
COMMUNITY

JOIN THE COMMUNITY



**Welcome to the Co-op
Local Community Fund**

Our Local Community Fund is
our way of giving back

REMEMBER WHEN

AULD NELLY'S PUB CRAWL

This is the tale about Auld Nelly
(an auld bress nail frae Lochgelly).
This is the story o' her muckle doonfall,
the day she went oan a pub crawl

She heided tae Cowdenbeath toon,
whaur she sterted aff at the Croon,
Then she went tae see Gary
but at Wee Jimmie*s she did nae tarry.

Next stoaps the Clansmin Hotel,
New Goth, an' Pairtners as well.
Efter the Auld Cross Guns, an' the Bruce
Nelly wis feeling far frae spruce.

Frae the Dunvegan, Nelly goat oan a bus
But wis kickit aff fir making an awfi fuss
The passengers wir awfi frantic
'cause o' the auld bessom's drunkin antic.

Leavin' ahent the Silver Burch and Widside
tackin' a coorse, awfi long and wide
Nelly heided fir the Kirkford an' The Glen
Swayin' frae side tae side, an' back again

Aff she sterted back doon the High Street
whaur she staggered, an' lost her feet
She shauchled intae Humphrey's an' Misfits
fawing aw her length in her pit bits

When the time came tae open the Fountain
Nelly felt as tho' she had climbed a mountain
By the time she reached the Junction
hir pegs geid wie, an' widnae function

The next moorning she wokit wi' sair knees
Hae'in crawled aw the wie tae Jaytees
Whaur she trippit up, wi missing a stair
An' launded wi' her legs up in the air

Mon, she must hae lookit an awfi like sicht
lying there, oan a cauld, cauld nicht
Hir coarned beef legs pinting intae the blue
hir worn oot kecks fir awbody tae view

By noo she'd managed aw o' Cowden's pubs
But cid'nae manage the boolin' or gowf clubs.
Naebody kens hoo she got hame tae Lochgelly
Did she squirm back there oan her belly?

courtesy of Alan Berwick

FLYING HIGH

In 1979, 82 pupils from Foulford Primary School got a birds eye view of Cowdenbeath when they went for a flight in an Air Anglia Plane. Adult helpers were with them on their flight. The children - aged between 9-10years - had been doing a project on flight. With the backing of their parents, they decided to charter an Air Anglia 44 seater plane for the flight from Edinburgh over Cowdenbeath.
courtesy of Central Fife Times

A COWDENBEATH OLYMPIAN?

In Aug 1936, the Courier reported on a big athletics meet at Hampden Park and advised, "One of the stars was JP McLuskey, USA, who run 3rd in the 2miles scratch race. He got a big cheer when it was announced he was born in Cowdenbeath. At the 1932 Summer Olympics in LA, McLuskey had won the bronze medal in the 3000 steeplechase. He also ran in 1936 Berlin Olympics. Later he served as a Lieutenant-Commander in the US Navy during Ww2. JP McLuskey had 8 children and was employed as a stock broker in New York City. Not bad for a boy from Cowdenbeath eh. However, the reality was that Joe was born in Manchester, Conneticut USA and had no connection whatsoever to Cowdenbeath, Fife Scotland.
courtesy of David Allan

COWDENBEATH MAJORETTES celebrating 40years.



Cowdenbeath Majorettes celebrate their 40th Anniversary this year which we're sure you will agree - is amassive achievement for them Many within our local community have been part of the Majorettes over the last 40years learning all about:-



baton routines; marching; working as a team and so much more. The majorettes are well known for their performances at local galas and other events as well as their support



for local community groups and charities. For example, collecting for the Foodbank. The Majorettes are currently based in Broad Street Centre and meet Wednesday nights from 5 - 9.30pm. There is one intake for majorettes in September each year. For more information contact Claire Rigby on 07851812616

HOME SAFETY VISITS



Fife Cares service is one of a number of partnership initiatives designed to reduce unintentional injury within the home. Through this service Home Safety Advisers carry out visits to individuals and families within their own homes to offer advice on how to reduce injury within the home environment. **FREE** home safety visits can be carried out and advice is aimed primarily at vulnerable residents and families with children under the age of 5 years. Cowdenbeath is currently subject to a promotion of safety in the home for over 65's and families with children under 5years.If you are part of a group who would benefit from a home safety talk, please contact Bill Harley on 03451 555555 extn 450482

46th Fife Scout Group



Lauren Watt is a Scout with the 46th Fife Scout Troop. Not only has Lauren been completing her Scout badges, she has also been volunteering to assist others. Lauren has recently received the prestigious 100 hours Saltire Volunteering Awards This is an accumulation of hours from helping with the 46th Beaver Colony and her hours with Civic Week Committee (helping at Gala Events, Christmas Events,

The Community Choir). It will also help when she begins her Duke of Edinburgh award. Graham Gilbert, the Group Scout Leader said "we are really proud of Lauren's achievement. She is an outstanding Scout and highly regarded for her work with the Beaver Colony by the Beaver Scout Leaders. She is a great example of just what young people can achieve if they set their mind to it." The Scout troop are off to the Auchengillan Jamboree in July. The Scout troop always welcome girls as well as boys and at present make up 50% of the troop. There are still a few spaces left for Beavers and Cubs. If you or your child is interested, please contact Graham Gilbert on 01383 306647



BRUNTON SQUARE HERITAGE GARDEN

The Community Council has applied for funding to create a community/heritage garden at Brunton Sq. The hope is to transform this wee square into an area which will celebrate the history of Cowdenbeath. Somewhere that would attract young and old alike to sit, reflect and remember. If you want to know more about the proposals for the site, then pop into '**WHAT'S YOUR BEATH**' on the High Street and have a look at what's being suggested

THE MAXWELL CENTRE

Cowdenbeath's new community centre -
THE MAXWELL CENTRE
- is due to open its doors in the next few months. The centre, on the site of the old Social Work office in Stenhouse Street, will be home to a multi function community hall, creche, outdoor play area, youth hub, learning and community kitchens, café, bar facilities, learning centre, recording and rehearsal studios. It will also have wifi throughout. The centre is named after Alex and Mary Maxwell who were well respected for the work they did in our Town.

FOULFORD PRIMARY SCHOOL CELEBRATING 40 YEARS

The **NEW** Foulford Primary School first opened its' doors on 5th October 1976. Today 40years on, some of our current school staff are former pupils of Foulford. Many of our pupils parents also attended Foulford when it first opened. The first Headteacher, Mr Blakeman, was Headteacher until the mid 1990s when he retired.

The school has since had five Headteachers including Mrs Forsyth, Mrs Allan, Mrs Paterson, Mrs Mitchell and currently Mrs Clark. Many things have change in education over these 40years, however some things undoubtedly remain the same for our school including excellent parent partnerships and strong community spirit.

Our building currently houses 359 pupils in school within 13 classes and 80 in the nursery with around 40 staff. Our school still prides itself on giving a warm welcome to families and visitors. We keep a strong connection with past pupils when they move on to High School and beyond. We are very proud of our 'Foulford bairns' and all their achievements. If you are a former pupil or staff member or have another connection to the school we would like to invite you to join us for our 40th tea party in the school hall from 3.15pm - 4.30pm on Thursday, 15th June. Guests will have the opportunity to walk around the school, look at old photographs and have a trip down memory lane with past staff and pupils. If you have any old photographs or newspaper clippings you would be happy to share for the event, please contact our school office.



MOSSMORRAN WINDFARM COMMUNITY FUND MICRO GRANT SCHEME

Earlier on this year, Cowdenbeath Community Council received the sum of £1591 from the Mossmorran Windfarm Community Fund to operate a Micro Grant Scheme within the community councils' boundaries. Individuals and groups were invited to apply to the Scheme during the month of February. We received a total of thirteen applications...which was great. The undernoted are the successful applicants. Congratulations to them all.

Cowdenbeath Majorettes
Calum Paterson,
Cowdenbeath Jujitsu

Ryan Reekie
Trinity Tots,
CACA

Cowdenbeath Martial Arts
Cowdenbeath Bowling Club
Blue Brazil Boys Club

The main fund is due to open again in the next few months. Any group looking for funding should check out Foundation Scotland's website for the details.



Foundation
Scotland

PRECIOUS EVENTS

Precious Events is a small family based company located in Cowdenbeath who specialise in creating a venue with that WOW factor. We will decorate halls for special occasions such as weddings, anniversaries, birthday parties, baby showers and much more.....and competitive prices.

OPENING SOON ON THE HIGH STREET

Contact us on

07747014896

- we'd be pleased to hear from you
or check out our facebook page for
details.



SUPPORT YOUR LOCAL LIBRARY

Cowdenbeath Library is not just a place to 'borrow a book'.

Have you tried the **FREE Bookbug Sessions** for babies, toddlers and pre-schoolers. These are half hourly sessions of fun which give you the opportunity to share stories, songs and rhymes with other parents and their children. Scheduled dates in June are 6th (10/30-11.00) 17th (11.00 - 11.30) and 28th (14.00-14.30). For more details, check with the Library.

OR what about the **local walking group** which meets in the Library every second Tuesday. The group head off from the Library on organised walks in and around Cowdenbeath and when they have completed their walk, they head back to the Library for a cuppa and a chat. Sounds good eh. If you're interested, then check with the Library for the details.



COWDENBEATH HORTICULTURAL SOCIETY

9 & 10th Sep
ANNUAL FLOWER
SHOW in Trinity Church.

All round show with something
for everyone
From nursery and school entries to
baking, floral decoration, pot
plants, knitting & craft, photography
as well as flowers and vegetables

Check out their Facebook Page
for all the up to date details



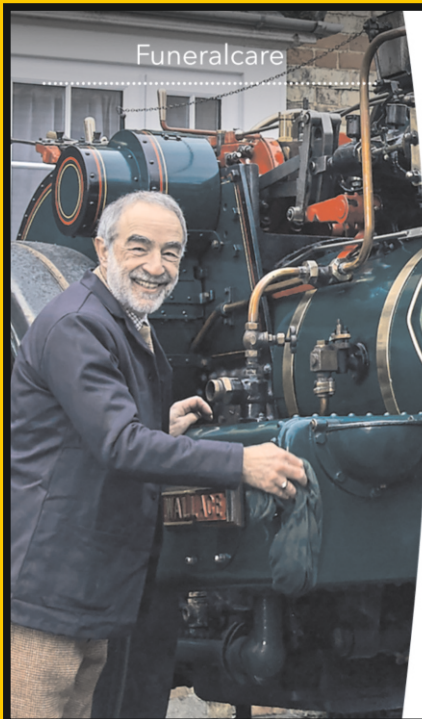
Morrisons (Cowdenbeath) Car Park
10AM - 2PM

The last **SUNDAY** in every month
(March - November) **£5.00/Car**
Book in advance/Turn up on the day
Contact L Calder -01383 513446 for
more info.

ALL WELCOME

A WEE BIT O' FUN

4						8	1
			4	3	7		
8	9						
	9		7	3	6	1	4
	2		1				
	1		6	4	2	9	8
7	6						
			5	9	4		
	5				3	6	



Leave your loved ones something they will appreciate in the future: A fully guaranteed Funeral Plan

For a Pre-paid Funeral Plan that saves you money and your loved ones worry, contact us today for a FREE information pack.

Cowdenbeath Funeralcare

8 High Street, KY4 9NA

01383 510 024

Lochgelly Funeralcare

9 High Street, KY5 9JP

01592 780 308



www.coop.co.uk/funeralcare

For full terms and conditions please visit www.co-operativefuneralcare.co.uk/terms-and-conditions
Co-op Funeralcare is a trading name of Funeral Services Limited, a registered society registered in England and Wales with registration number 30808R and registered office 1 Angel Square, Manchester, M60 0AG. VAT registered 403 3146 04. Part of Co-operative Group Limited.